



Education & Training Prospectus 2025

Providing NMBI Approved CPD & QQI
Accredited Education L5-L8



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Foreword

I am delighted to introduce the 2025 Prospectus for the Centre of Nursing and Midwifery Education (CNME) in Sligo, Leitrim & West Cavan. It is with great pleasure that I welcome you to this year's edition of our Schedule of Education and Training Events, and to our beautiful, purpose-built centre on Clarion Road, designed to support both learning and teaching in a conducive environment.

This prospectus outlines a wide range of educational programmes aimed at supporting your Continuing Professional Development (CPD) and enhancing service delivery across the healthcare sector. As a healthcare professional, you are required to maintain and expand your knowledge and skills, and our CPD courses are designed to meet these needs. These flexible courses are available throughout the academic year, making it easier for you to balance your professional development with work and home life commitments.

Our courses are developed in collaboration with our service provider partners to ensure they equip you with the skills and knowledge needed to thrive in a constantly evolving healthcare landscape. We are committed to providing you with a positive and supportive learning experience, backed by our experienced tutors, who are well-regarded within the healthcare sector.

The educational offerings in this prospectus include a variety of learning formats such as study days, conferences, workshops, modular programmes, short courses, and a QQI-validated Healthcare Support programme. These have been specifically designed to address the workforce development needs of the region. The programmes reflect the priorities of services in the Sligo, Leitrim, and West Cavan areas, and are intended to support the development of a skilled, confident, and adaptable workforce.

We will continue to collaborate with Higher Education Institutions, the Nursing and Midwifery Planning and Development Unit (NMPDU), Learning and Development, Nursing Practice Development Units, regional structures, and the Centre for Nursing and Midwifery Education in Donegal to ensure that our programmes remain relevant and high-quality. We will also pursue appropriate validation and accreditation for all relevant courses.

Finally, I would like to express my sincere gratitude to the CNME team and to our visiting speakers from clinical practice for their invaluable contributions to the development of these programmes. I wish all participants the very best in their learning journey and look forward to welcoming you to the CNME Sligo Leitrim W/Cavan.



Ms. Teresa Donnelly, Director



About Us

The Board of Management is made up of all our practice partners, the Nursing and Midwifery Planning and Development Unit and CNME staff. Our main function is to identify key priorities for Continuing Professional Development (CPD). We also support formal academic education funding and informal education through conference attendance, seminars and workshops. We collaborate with key stakeholders to identify, plan, develop and deliver education to meet the education and training needs of staff across the region.

CPD is integral to maintain and improve knowledge, skills and competence of our nurses and midwives. The individual nurse or midwife is responsible for undertaking relevant CPD activities to ensure they develop and enhance their professional practice. CPD is central to lifelong learning and constitutes a vital aspect for keeping nurses and midwives knowledge and skills up to date. Engaging in CPD is key to professional development and necessary to deliver high quality, safe, effective person-centred care.

Whether formal or informal, the purpose of CPD is to enable nurses and midwives to continually update and renew their knowledge and skills, enhance evidence based practice and ultimately ensure they are able to meet the needs of the patient and service delivery, in a constantly changing practice environment.

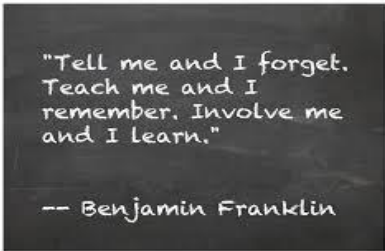
In providing this education we collaborate with staff both across the region and nationally when developing and designing the programmes.



Accreditation

Our CPD programmes of education offered are accredited with NMBI Category 1 approval and CEU's (Continuing Education Units) or CPD hours in accordance with NMBI guidance. This ensures the programme rationale, aim, learning outcomes, content and evaluations meet NMBI CPD standards. Evidence of CPD hours will be required by NMBI when completing annual registration (Nurses and Midwives Act 2011).

Our Teaching Ethos



"Tell me and I forget.
Teach me and I
remember. Involve me
and I learn."

-- Benjamin Franklin



The Team



Ms Teresa Donnelly, Director

ENB176 & 998, BSc Nursing, MSc Health Science, PG Dip
Urological Nursing, RNT, Currently completing PhD

Teresa.Donnelly1@hse.ie



Ms Maura McGettrick, Specialist Coordinator/ Nurse
Tutor

RGN, RM, B.A., Training & Education, MA Adult Learning &
Development, Dip Equality & Diversity

Maura.McGettrick@hse.ie



Ms Vikki Sheeran, Specialist Coordinator

RGN, RNT, MSc Nursing/Midwifery Ed., Nurse prescribing
Cert., Essentials in Palliative Care Cert., PG Dip
Perioperative

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Ms Charlotte Hannon, Nurse Educator

RGN, RNT, MHSc (Hons), H.Dip NS Ortho, ONC (Hons) ENB
998, ENB 935. PG Cert. Leadership & Innovation, Prof Cert
Digital Learning

Charlotte.Hannon@hse.ie



Mr Ken Hogan, Psychiatric Nurse Tutor

RPN, RNT, MHSc, BSc (Hons), Dip Informatics, Dip. Couns

Ken.Hogan@hse.ie



Ms Donna McCabe, Intellectual Disability Nurse Tutor

RNID, RNT, MSc Leadership in Nursing Studies, PG Cert
Health Professional Education, BSc Intellectual Disability
Nursing.

Donna.Mccabe@hse.ie



Ms Elizabeth Burgess, A/Assistant Officer Grade IV

elizabeth.burgess@hse.ie



Educational Facilities

Centre of Nursing and Midwifery Education, Sligo Leitrim West Cavan is located on the 2nd Floor, Block 8, The Grove, Clarion Rd. Sligo, F91 A2FP.

The CNME are responsible for the education needs of all Nurses, Midwives and Healthcare Assistants, across all disciplines in the Sligo, Leitrim and West Cavan areas. We welcome all healthcare professionals to our programmes of education.

Our educational facilities are designed to inspire, engage and support learners at every stage of their professional journey. Featuring modern lecture rooms equipped with advanced audiovisual technology, a clinical skills lab with facility to replicate real-world simulation scenarios and a dedicated learner tea/coffee room to collaborate and reflect, we provide an optimal environment for education and growth.

With access to the HSE Library, online learning platforms (HSeLand) and experienced educators we ensure our learners have the tools and support to excel. Whether it is small group workshops, large scale lectures or one to one mentoring, our facilities cater to diverse learning needs, fostering excellence in healthcare education.

The Centre offers the following facilities:

- 2 large lecture rooms/ classrooms with ICT Connection-Interactive whiteboards.
- 1 clinical skills lab with ICT Connection-Interactive whiteboard.
- A learner tea/coffee area, with complimentary tea and coffee.
- Car parking facilities – free car parking available.

Programmes available in Centre of Nursing & Midwifery Education Sligo, Leitrim, West Cavan will be scheduled, and dates will be shared with those on the mailing list. Programmes and dates can be arranged according to demand and service need.

Scan the QR code below to be added to our mailing list.





A Historic Day at Clarion Road: New Centre for Nursing and Midwifery Education, Sligo, Leitrim, West Cavan (CNME, SLWC) Officially Opens

December 12, 2024, marked a momentous occasion with the grand opening of the new Centre for Nursing and Midwifery Education, (CNME), Sligo, Leitrim and West Cavan, at Clarion Road. The event began at noon, drawing a lively gathering of attendees from various services, including esteemed DONS, DOMS, and ADONS from across the services. Former colleagues from the CNME were warmly welcomed, sparking nostalgic conversations as they shared stories of nursing and midwifery education through the years. Current and former education facilitators attended the event.

The celebration extended beyond healthcare, with neighbouring offices, including Social Inclusion, joining in the festivities. Current director Ms. Teresa Donnelly set the tone with a heartfelt welcome, reflecting on her role as the current "torchbearer" of the centre's mission. She eloquently remarked, "While the leaves are many, the root is one," emphasising the enduring unity of purpose in nursing and midwifery education.

Ms. Maura McGettrick, Specialist Coordinator followed with a captivating presentation, delving into the rich history of the centre and the evolution of nursing and midwifery education over the decades. She highlighted Sligo's legacy of creating a welcoming and nurturing environment for all who pass through its doors.

Adding to the narrative, Dr. Patrick Glackin, Area Director NMPDU, delivered a touching presentation on the CNME's journey to this new state-of-the-art facility, paying tribute to the dedication and hard work of former colleagues who laid the groundwork for today's success. Ms. Michelle Donnelly, Director NMPDU NW echoed these sentiments, commending the remarkable collaboration across services that made this dream a reality.

The day's significance was underscored by the Director of the ONMSD, Dr Geraldine Shaw who delivered inspiring closing remarks. She spoke about embracing change, fostering innovation, and supporting the broader healthcare community through education. With her words resonating with all present, she ceremoniously cut the ribbon, officially opening the new centre.

A special blessing ceremony, conducted by Fr. John Carroll, brought a spiritual touch to the event, filling the room with warmth and optimism. Guests then mingled, enjoying delicious food and celebrating this incredible milestone together.



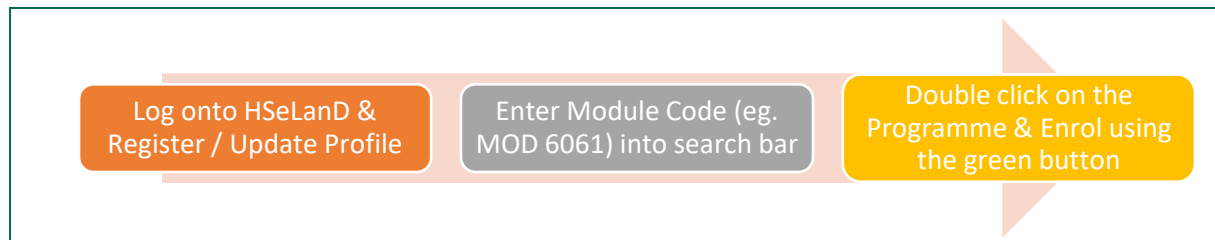
The opening of the new centre at Clarion Road not only honours the past but also sets the stage for an exciting future in nursing and midwifery education. It was a day to remember—a testament to the dedication, collaboration, and vision of everyone involved.



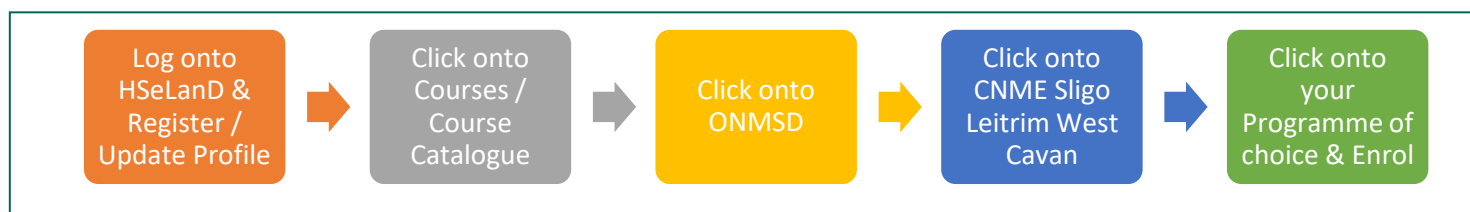


Programme Enrolment

Enrolling onto our Programmes on HSeLanD, when you know the module code



Enrolling onto our Programmes on HSeLanD, *without* the module code



Note: Individuals must enrol on a programme using their unique HSeLanD username and password.

*Enrolling onto programmes is **required and recommended** to ensure you receive notification of any changes or updates to the upcoming programme. This may include change of venue, change of start/finish time or change of date.*

Places cannot be reserved or held via email to the CNME SLWC staff.

Indicate your interest in a programme

Follow the steps to enrolling onto a programme.

If no active session is scheduled there is an option to indicate your interest.

Provide your details and click save.

Once the programme date is scheduled you will receive notification and can then enrol.

Support Contact:

[Click here to indicate your interest in taking this course...](#) ?

Session(s): Sorry, but this course does not have an active scheduled session!





Programmes available in CNME SLWC (NMBI CEU's / CPD hours awarded in accordance with NMBI guidance)

Our education and training programmes are developed and delivered in response to national and local service needs and an annual training needs analysis. For any additional education/training needs please contact any of the CNME staff.

Academic Writing Masterclass

HSeLanD module ID: 14843

The aim of this 4 hour masterclass is to support Nurse, Midwives, HCA's, and all Healthcare professionals to enhance their academic writing skills and reach a high level of proficiency in the field. The masterclass will empower you with the knowledge and skills necessary to excel in the realm of academic writing and research.

Next programme date/s:

- 27th March 2025
- 12th September 2025
- 8th December 2025

Acute Medical & Surgical Programme

HSeLanD module ID: 15264

The aim of this programme is to increase the nurse's capacity to complete an assessment of the acutely ill medical and surgical patient, integrate findings into their nursing practice, patient care management and onward referral as appropriate, within their scope of practice.

Next programme date/s:

- TBC

Advanced Neurological Assessment

HSeLanD module ID: 12745

The aim of this programme is to empower you with the knowledge to complete an advanced neurological assessment, identify areas of concern, complete proficiently the neuro observations and escalate deterioration as appropriate.

Next programme date/s:

- As requested

Alcohol Related Liver Disease and Acute Alcohol Withdrawal Management

HSeLanD
module ID: 12679

The aim of this programme is to provide healthcare professionals with the relevant knowledge of Alcohol Related Liver Disease and to provide best practice guidelines for the assessment, care and management of adult patients undergoing alcohol withdrawal. All healthcare professionals are welcome to attend.

Next programme date/s:

- 13th March 2025



Anaphylaxis: National Anaphylaxis Programme for Healthcare Professionals

HSeLanD module ID: ONMSD-NAT-1_11

The programme supports healthcare professionals to provide safe and effective care for a patient who develops anaphylaxis.

Next programme date/s:

- 21st January 2025
- 10th March 2025
- 08th April 2025
- 22nd May 2025
- 19th August 2025
- 03rd September 2025
- 11th September 2025
- 07th October 2025
- 14th November 2025
- 16th December 2025

Autism Masterclass

HSeLanD module ID: 17600

This programme is designed to equip healthcare professionals with evidence-based knowledge about autism, enhancing their ability to provide inclusive and effective care. Through a combination of knowledge-sharing and skill-building, attendees will be encouraged to reflect on and improve their practices to better support autistic individuals in a healthcare setting.

Next programme date/s:

- 30th January 2025
- 26th March 2025

Best Practice in Nursing and Midwifery Documentation

HSeLanD module ID: 17437

The aim of this programme is to empower registered nurses and midwives with the confidence to maintain nursing records in accordance with legal and professional standards. This programme provides participants with the opportunity to explore nursing documentation through an interactive workshop.

Next programme date/s:

- 11th February 2025

Breastfeeding Phase 3 Skills

HSeLanD module ID: ONMSD-NAT-52-C_9

The workshop aims to empower Registered Midwives and Registered Nurses across all disciplines to promote, support and protect breastfeeding during the perinatal period. Phase 1 & 2 must be completed on HSeLanD prior to attending.

Topics covered will be:

- WHO Code of Marketing of Breast milk Substitutes
- Responsive feeding, Positioning, laid back feeding.



The golden hour
Skin to skin contact
Hand expressing & the use of breast pumps
New thinking around the treatment of mastitis

Next programme date/s:

- 12th February 2025
- 26th March 2025
- 07th May 2025
- 18th June 2025

Care and Management of a Person with a Gastrostomy Tube HSeLanD module ID: 12935

This 4 hour programme is aimed at all healthcare professionals who care for patients/persons with a Gastrostomy (PEG/RIG) tube in situ.

Next programme date/s:

- TBC

Care and Management of a Person with a Neurological Bowel Condition
HSeLanD module ID: 3857_2

To enable the Registered Nurse/Midwife/ Healthcare Assistant/Carer to utilise a Person Centred Approach to the Care and management of a client/patient with a stoma.

Next programme date/s:

- 26th February 2025
- 15th October 2025

Care and Management of a Person with a Stoma

HSeLanD module ID: 12252

To enable the Registered Nurse/Midwife to utilise a Person Centred Approach to the Care and management of a client/patient with a stoma.

Next programme date/s:

- 26th February 2025
- 15th October 2025

Care and Management of the Critically Ill Child (RCYP 4 day programme)

Contact amelia.sheeran@hse.ie

The aim of this programme is to provide nurses caring for child with best practice in providing optimal levels of safe and appropriate care to the sick / deteriorating/critically ill child and their families in model 3 or model 4 hospital. Attendance at all 4 days is required to complete the programme. Registration is via the Assistant Director of Nursing Paediatrics.

Next programme date/s:

- 4th February 2025



- 11th February 2025
- 25th February 2025
- 4th March 2025

Care and Recognition of the Acutely Ill Child (RCYP 1 day programme)
module ID: 16487-C_2

HSeLanD

The aim of this programme is to enhance the nurses' knowledge to complete an assessment of the acutely ill and injured child and integrate findings into their nursing practice, patient care management and onward referral as appropriate, within their scope of practice.

Next programme date/s:

- TBC

Caring for the Child with a Life Limiting Condition (Level A) Programme

Contact: amelia.sheeran@hse.ie

The programme aims to raise an awareness of the principles and practices of utilising a palliative care approach in the provision of health and social services for children with life-limiting conditions and their families.

Next programme date/s:

- TBC

Caring for the Adult with a Cardiac Condition

HSeLanD module ID: 17731

This programme aims to enable participants to expand current knowledge to support evidence based holistic nursing care of the adult cardiology patient.

Next programme date/s:

- 25th March 2025

Catheterisation Skills Workshop Inc: Male, Female Suprapubic & Intermittent Self
Catheterisation

HSeLanD module ID: 6061

This catheterisation study day is designed to increase nurses' knowledge and skills regarding catheterisation, intermittent self-catheterisation and supra public catheter management. It will also provide nurses with the underpinning knowledge for the appropriate choice, use and management of urinary catheters.

Next programme date/s:

- 4th February 2025
- 1st April 2025
- 3rd June 2025
- 2nd September 2025
- 7th October 2025
- 4th November 2025
- 2nd December 2025



Child and Family Health Needs Assessment

HSeLanD module ID: ONMSD-NAT-31_7

To provide clear guidance to Public Health Nurses on a standardised approach to undertaking a Child and Family Health Needs Assessment in the Public Health Nursing Service, which is evidence-based and complies with best practice.

Next programme date/s:

- 12th March 2025

Clinical Audit

HSeLanD module ID: 9745

This one day programme provides healthcare professionals with updated guidance on clinical audit and gives an overview of the standardised framework for the seven stages of clinical audit (HSE, 2023).

Next programme date/s:

- 22nd January 2025
- 22nd May 2025

Clinical Supervision – An Introduction to the Theory & Practice HSeLanD module ID: 10682

Clinical supervision is a professional relationship between a supervisor and a supervisee where the supervisor facilitates the practitioner to reflect critically on their practice. By offering learning opportunities, support, and professional guidance, clinical supervision promotes high standards of practice helping to ensure the welfare of service users and staff alike (HSE 2019).

Next programme date/s:

- Contact ken.hogan@hse.ie

Cognitive Behavioural Interventions (CBT) An overview

HSeLanD module ID: 4113

This programme introduces staff to the basic concepts & principles of Cognitive Behavioural Therapy (CBT). The programme utilises multiple learning approaches including; role play, faceto-face contact & recommended reading.

Next programme date/s:

- As requested

Competency Based Interview Preparation

HSeLanD module ID: 10222

This course equips participants with the skills to excel in competency-based interviews, focusing on structured behavioural responses. It covers STAR techniques, aligning personal experiences with job competencies, and strategies to build confidence. Ideal for professionals aiming to articulate their skills effectively and stand out.

Next programme date/s:

- TBC



Continence: Managing continence in the community setting HSeLanD module ID: 11186

The aim of this programme is to prepare registered nurses to undertake a comprehensive, detailed assessment of continence for their clients; with associated diagnoses and treatments/ongoing referral as necessary in their clinical settings.

Next programme date/s:

- TBC

CPI Safety Intervention

HSeLanD module ID: 12644

This one day programme incorporates trauma-informed and person-centred approaches. The programme is the perfect solution for professionals working in health, social care and education who need to prevent and/or intervene in crisis situations. With a focus on prevention, it also teaches staff de-escalation skills as well as non-restrictive and restrictive interventions.

Next programme date/s in **SUH** – register through Karen Spratt (SUH)

- 13th January 2025
- 28th January 2025
- 10th February 2025
- 25th February 2025
- 10th March 2025
- 25th March 2025
- 14th April 2025
- 29th April 2025
- 12th May 2025
- 27th May 2025
- 9th June 2025
- 24th June 2025
- 14th July 2025
- 29th July 2025
- 8th September 2025
- 23rd September 2025
- 13th October 2025
- 21st October 2025
- 10th November 2025
- 25th November 2025
- 8th December 2025



Decider Skills Training

Contact: Ken.Hogan@hse.ie

The aim of this two day programme is to equip the Nurse with the skills necessary to use Decider skills in their practice. Decider skills are 32 evidence based, effective, fun and memorable skills to help us deal with distressing emotions and situations. The skills increase confidence, build resilience, enable you to tolerate distress, manage your emotions and improve communication.

Next programme date/s:

- 20th and 21st March 2025 – Application through your Director of Nursing

Dementia – Enhancing and Enabling well-being for the Person Living with Dementia – Acute Care Programme

HSeLanD module ID: ONMSD-NAT-3_10

To raise awareness among staff on the needs of the person with dementia in acute care setting and to inform staff regarding the provision of quality care for patients with dementia in the acute care setting.

Next programme date/s:

- On request

Dementia – Enhancing and Enabling well-being for the Person Living with Dementia – An introduction to Dementia Care – National two day programme

HSeLanD module ID: ONMSD-NAT-2_10

This programme enable staff to support people to live well with dementia by adopting a person-centred approach to care.

Next programme date/s:

- On request

Dermatology Programme

HSeLanD module ID: 13464

The study day is for nurses with an interest in skin conditions and disorders. A number of expert and specialist dermatology nurses will present on the day.

Next programme date/s:

- TBC

Designing an Academic Poster for Healthcare Professionals

HSeLanD module ID: 10986

- Develop skills on designing an academic poster
- Identify areas that need to be included in an academic poster
- To provide information on resources available
- Highlight importance of showcasing work

Next programme date/s:

- TBC



Diabetes Mellitus – Acute programme

HSeLanD module ID: 4103

- Introduction and overview of diabetes mellitus
- Diabetes mellitus medications and treatments
- Blood glucose monitoring and targets
- Hypoglycaemia; causes, recognition and management
- Hyperglycaemia (Diabetic Ketoacidosis, Hyperosmolar Hyperglycaemic State) causes, recognition and management
- Peri-operative and labour guidelines
- Retinopathy and Renal Screening
- Foot care pathways

Next programme date/s:

- 15th May 2025

Diabetes Mellitus – Community programme

HSeLanD module ID: 4105

- An overview of diabetes mellitus
- Blood glucose monitoring and targets
- Diabetes mellitus medications and treatments
- Healthy eating and physical activity
- Hypoglycaemia; causes, recognition and management
- Hyperglycaemia; causes, recognition and management
- Foot care and retinal screening

Next programme date/s:

- 27th March 2025

Dignity at work and Grievance Process

HSeLanD module ID: 10137

Dignity at work and the grievance workshop looks at what is dignity at work.

It also discusses what is bullying and the impact of the work place on the individual and the patients. The grievance process is examined.

Next programme date/s:

- TBC

Ear Examination and Ear Irrigation Programme

HSeLanD module ID: 11789

To support and promote the safe and effective delivery of ear examination and ear irrigation in primary care.

Next programme date/s:

- TBC



ECG workshop for Healthcare Professionals

HSeLanD module ID: 11404

This workshop addresses the needs of all Healthcare Professionals who encounter ECG monitoring & traces. *You are encouraged to bring along ECG's for discussion.* The workshop is an interactive session.

Next programme date/s:

- TBC

Epilepsy Awareness & Midazolam Training

HSeLanD module ID: 9070

The course is aimed at Care Staff, Staff Nurses and Social Care Workers in Sligo Leitrim Intellectual Disability Services.

Next programme date/s:

- As requested

Epilepsy Programme

HSeLanD module ID: 4101

This programme aims to present the theories and principles inherent in epilepsy care and management to Nurses and allied health care support staff caring for individuals with epilepsy.

Next programme date/s:

- TBC

Episiotomy and Perineal Suturing Workshop

HSeLanD module ID: 14841

Provided as requested

Next programme date/s:

- As requested

Fetal Monitoring & CTG interpretation

HSeLanD module ID: 14589

To provide participants with an opportunity to develop knowledge, skills and competence in Fetal Monitoring (including single and multiple pregnancy).

Next programme date/s:

- 31st January 2025
- 28th March 2025
- 06th June 2025

Final Journeys

HSeLanD module ID: 9891

Final Journeys is a one-day training workshop that aims to improve the delivery of end-of-life care amongst all hospital staff. It focusses on enhancing the communications skills of participants to enable them to be more competent delivering end-of-life care and supporting patients who are dying, and their families.



Next programme date/s:

- 18th February 2025
- 15th April 2025
- 25th June 2025
- 27th August 2025
- 14th October 2025
- 2nd December 2025

Final Journeys - Paediatric setting

HSeLanD module ID: 9891

Paediatric Settings workshop was developed from a clear need for specific end-of-life training for staff in paediatric settings nationally.

Next programme date/s:

- 22nd January 2025

Fundamentals of Process Improvement in Health Systems – White Belt programme (under license from the Mater Lean Academy)

Contact: charlotte.hannon@hse.ie

A one day study day, looking at quality improvement methods in healthcare including Lean and Six Sigma. An introduction to Quality Improvement Tools with a Focus on Person Centred Care. Delivered under licence to the Mater Lean Academy ©

Next programme date/s:

- 27th February 2025
- 11th March 2025
- 8th April 2025
- 13th May 2025
- 10th June 2025
- 25th September 2025
- 14th October 2025
- 11th November 2025

Healthcare Assistant Refresher 2 day programme

HSeLanD module ID: 15771

The aim of this programme is to build on and expand the knowledge, skills and experiences of the HCA. Programme participants must have a FETAC/QQI Level 5 prior to undertaking the programme and have line manager approval.

Please ensure you have a copy of your FETAC/QQI certificate/transcript.

Next programme date/s:

- 2nd April 2025 (Day 1)
- 9th April 2025 (Day 2)



Topics covered include -

- Financial Wellbeing
- Trauma Informed Care
- Communication
- Aroma Therapy
- Self Care
- Stress and Resilience

Next programme date/s:

- As requested

Health Service Skills QQI Level 5 Programme

Contact: Vikki @ amelia.sheeran@hse.ie

The aim of the major award is to equip the participant with the relevant evidence-based knowledge, skills and attitudes that will ensure the provision of competent, safe, effective person-centred care. The programme supports the ethos of quality & patient safety and empowers the Health Care Assistant (HCA) to work confidently under the direction and supervision of a Registered Nurse/Registered Midwife and as part of the multidisciplinary healthcare team.

The CNME SLWC recognise the need of HCAs to carry out elective components relevant to their chosen field of work and to enhance job prospects. HCAs who have already completed the major award are eligible to complete elective components, including but not limited to Activities of Patient Living Care and Intellectual Disability studies. We strive to provide components based on needs of the services and HCAs across our geographical remit.

Next programme date/s:

- March 2025 (Dates TBC)

Human Factors in Healthcare Systems

HSeLanD module ID: 12571

To provide an understanding of the principles and application of human factors and how it can be used to improve safety in healthcare.

Next programme date/s:

- TBC

Identifying the ill Person in the community setting

HSeLanD module ID: 12747

The aim of this programme is to provide registered nursing staff and healthcare assistants based in community settings, with an opportunity to advance their knowledge and skills in identifying the ill person, escalating care appropriately and employing the use of communication tools in doing so.

Next programme date/s:

- 5th February 2025



- 9th May 2025
- 3rd October 2025

Incident Management Framework: an overview

HSeLanD module ID: 10982

- To understand the principals of Incident Management Framework
- To identify key patient safety concerns
- To identify incidents & actions required
- To understand the initial repeating & notification
- To understand categorisation & assessment
- To improve patient safety

Next programme date/s:

- TBC

Infection Prevention and Control Link Practitioner Programme (5 day programme) Contact: amelia.sheeran@hse.ie

The aim of this 5-day programme is to provide the IPC Link Practitioner with an opportunity to advance and practice their knowledge and skill safely in infection prevention and control in contemporary healthcare practice.

Existing National Infection Prevention & Control Guidelines and National IPC E-learning modules will facilitate further learning and support.

For community settings only

Next programme date/s:

- 16th – 20th June 2025 (Virtual programme)

Influenza: Seasonal Influenza Vaccinator workshop Contact: Charlotte.hannon@hse.ie

Next programme date/s:

- Autumn 2025

Intravenous Cannulation and Phlebotomy programme

HSeLanD module ID: ONMSD-NAT-11_11

The aim of the venepuncture and peripheral intravenous cannulation training programme is to equip healthcare professionals with the essential skills and knowledge to safely perform the skills. The programme focuses on mastering proper techniques, infection control practices, effective patient communication and accurate documentation to ensure high standards of patient care and safety.

Next programme date/s:

- 14th January 2025
- 27th February 2025
- 25th March 2025



- 29th April 2025
- 20th May 2025
- 26th June 2025

Intravenous Medication Administration

HSeLanD module ID: 9749

The aim of the IV medication administration training programme is to provide healthcare professionals with the knowledge and skills to safely administer intravenous medications. The programme emphasises correct dosage calculations, infusion techniques, monitoring for adverse reactions, and ensuring patient safety and compliance with infection control protocols. It incorporates haemovigilance and anaphylaxis training for nursing staff which is part of their mandatory learning.

Next programme date/s:

- 20th March 2025
- 29th May 2025

Learning from the Clarke report: Legal and Professional Issues

HSeLanD module ID: 17760

This course for nurses and midwives explores the laws, ethical principles, and professional standards guiding their practice. It emphasizes accountability, patient rights, and navigating complex situations with confidence. This course ensures practitioners deliver safe, lawful, and ethical care.

Next programme date/s:

- 14th January 2025

Medicines Management Adult

HSeLanD module ID: 10890

The aim of this programme is to facilitate nurses and midwives in the safe, effective administration of medication, to allow nurses and midwives to reflect on the key principles of medication management and to enhance the skills of nurses and midwives in evidence based practices regarding the safe management of medicines.

Next programme date/s:

- 24th January 2025
- 30th April 2025
- 30th May 2025
- 08th September 2025

Medication Management in Children & Young People

HSeLanD module ID: 13435

The aim of this Regional Childrens and Young People (RCYP) programme is to enhance knowledge and skills in medication management in children and young people.

The programme objectives are:



1. Understand the role of governance structures, legislation, policies, procedures, protocols, systems and processes for medication management and safety in children and young people.

2. Critically analyse one's own practice with regard to accountability and competency in medication management in children and young people.

3. Illustrate safe medication management in children and young people.

Part of the learning package for this programme is a pre course workbook for completion prior to attending the day.

Next programme date/s:

- TBC

National Facilitators Education Programme

HSeLanD module ID: ONMSD-NAT-8_10

This 2 day programme, which is approved by the Nursing and Midwifery Board of Ireland (NMBI), expands their repertoire of teaching, learning, facilitation and assessment skills in order to promote excellence through evidence-based practice amongst Nurses, Midwives, Health & Social Care Professionals, Service Users, Family Members, Carers and Volunteers who facilitate education programmes.

Next programme date/s:

- 16th & 29th January 2025
- Further dates TBC

National Frailty Education Programme: Fundamentals of Frailty

HSeLanD module ID: ONMSD-NAT-53_12

The aim of this programme is to provide healthcare professionals with an enhanced understanding of frailty and frailty assessments, thereby ensuring earlier recognition of frailty, improved healthcare management, and better health outcomes for older adults living with frailty. “Frailty” is becoming a key concept in service development, planning and delivery of care for our ageing population.

The one day programme provides an overview of the theoretical models underpinning frailty and frailty assessment, incorporating key research findings from TILDA. The training programme has been awarded Category 1 approval by the Nursing & Midwifery Board of Ireland (NMBI). CPD credits for Health and Social Care Professionals awarded on hours of learning as per their governing organisation.

Next programme date/s:

- 26th February 2025
- 16th April 2025
- 25th June 2025
- 03rd September 2025
- 26th November 2025



National Healthcare Communication Programme Module 1: Making Connections

HSeLanD module ID: 15137

The way we communicate is an important factor in how we interact with others, whether we are consulting with patients, interacting with colleagues, or simply having a conversation. The focus of the workshop is to work with participants to enhance their skills required to actively listen to and build rapport with patients and their caregivers.

Next programme date/s:

- 8th January 2025

National Healthcare Communication Programme Module 2: Core Consultation Skills

HSeLanD module ID: 15139

This workshop builds on the “Making Connections” workshop and introduces participants to the Calgary-Cambridge Guide, a five-stage consultation model, which is very patient centred. This model is practical and incorporates the physical, psychological and social aspects of the consultation.

Next programme date/s:

- 8th January 2025

National Healthcare Communication Programme Module 3: Challenging Consultations

HSeLanD module ID: 15141

This workshop supports participants to learn and develop communication skills to deal with challenging patient-staff communication: delivering bad news, responding to strong emotions, disclosure of an error and many other difficult conversations.

Next programme date/s:

- 9th January 2025

National Healthcare Communication Programme Module 4: Communicating with Colleagues and Promoting Teamwork

HSeLanD module ID: 13237

This skill-building workshop is designed to enhance the ability of participants to communicate effectively with members of an inter-professional healthcare team.

Next programme date/s:

- 9th January 2025



National RESIST Hand Hygiene Train the Trainer Programme
module ID: 12766

HSeLanD

This train the trainer programme provides education, guidance and tools to enable other healthcare workers to deliver hand hygiene training in their service. In advance of the one day programme the attendee must be supported by the Head of Service/Facility with the completion of a contractual agreement.

Next programme date/s:

- TBC

National Systemic Anti-Cancer Therapy (SACT) 2 day Programme HSeLanD module ID:
ONMSD-NAT-NACT-C_17

The aim of the two day 'National Systemic Anti-Cancer Therapy (SACT) Competency Programme for Nurses Working in Cancer Care' is to standardise the education and assessment of SACT administration and patient care, ensuring consistently safe and high-quality SACT practice.

Participants must attend both days in order to complete the programme.

Next programme date/s

- November 2025 (Dates TBC)

NCLC Clinical Leadership Programme for CNM & CMM 1 & 2
module ID: 15795

HSeLanD

This three day programme aims to support CNM's and CMM's & equivalent grades, to develop their leadership skills and knowledge through programme content and their own application of learning to practice.

Participants must attend all three days in order to complete the programme.

Next programme date/s

- 6th June, 12th June & 24th June 2025
- Autumn 2025 dates TBC

NCLC Clinical Leadership Programme for Staff Nurses and Staff Midwives
module ID: 11279

HSeLanD

This two day programme supports staff nurses and staff midwives to engage in clinical leadership development using an interactive facilitated mode of delivery. The programme aims to provide participants with the opportunity to enhance their clinical leadership confidence by recognizing their influence as clinical leaders through the development of clinical leadership competencies.

Participants must attend both days in order to complete the programme.

Next programme date/s

- 13th & 14th May 2025
- Autumn 2025 dates TBC



Non Invasive Ventilation in Children Programme

HSeLanD module ID: 14460

The aim of this RCYP programme is to recognise and have an understanding of the significance of the signs and symptoms of respiratory deterioration in children and the appropriate use of Non Invasive Ventilation (NIV).

The programme is delivered as a blended programme, with a virtual programme and a Simulation scenario on site.

Next programme date/s:

- TBC

NMBI Fitness to Practice

HSeLanD module ID: 16044

Empowering Nurses and Midwives to uphold NMBI Professional Standards.

Join us at our annual comprehensive education day designed to deepen your understanding of NMBI and the Fitness to Practice process. This programme aims to empower you with the knowledge and skills to navigate professional challenges while maintaining the highest standards of care.

Explore the principles and purpose of NMBI and the Fitness to Practice process.

Explore professional accountability and ethical responsibilities.

Gain insight into the procedures and outcomes of FTP enquiries.

Foster confidence in addressing professional challenges with integrity and resilience.

Through expert led sessions, case studies and open discussion this event offers a valuable opportunity to strengthen your professional practice and uphold the public's trust in Nursing and Midwifery.

Next programme date/s:

- TBC

Open Disclosure Workshop

HSeLanD module ID: 12524

The aim of this Open Disclosure skills workshop is to build the capacity of healthcare staff to prepare for and manage open disclosure meetings with patients, service users and their relevant person following a patient safety incident.

Completion of Module 1 and Module 2 elearning Open Disclosure prior to attendance at the workshop is required.

Next programme date/s:

- 10th January 2025
- 28th March 2025
- 28th May 2025

Paediatric Early Warning System (PEWS)

HSeLanD module ID: PEWS-01-P_3

The Irish Paediatric Early Warning System (PEWS) is a multifaceted approach to improving patient safety and clinical outcomes. PEWS provides a framework for care and empowers clinicians to act on behalf of a child with signs of deterioration or about whom they have



clinical concerns. All healthcare professionals who come into contact with children in their clinical practice are welcome to complete this [online module](#).

Please note: This programme is an update following attendance at initial PEWS training in your local hospital. This programme is for acute hospital services within the Regional children's and young people nurse education group (RCYP) West/Midwest/Northwest region.

Next programme date/s:

- Available on HSeLanD

Palliative Care Needs Assessment

Available on HSeLanD

By the end of this [online module](#), learners will be able to:

Explain what a Palliative Care Needs Assessment is and when it's appropriate to carry one out.

Describe the levels of palliative care and the settings in which you should provide them.

Summarise the four domains of palliative care in the context of a Palliative Care Needs Assessment.

Conduct a holistic assessment of a person's palliative care needs and document the outcomes.

Describe the eligibility criteria for referral to and discharge from, a specialist palliative care service.

Next programme date/s:

- Available on HSeLanD

Palliative Care in the Acute Setting

HSeLanD module ID: 13220

This one day programme is aimed at staff working in the acute hospital setting.

The programme will equip staff with the knowledge of the principles of palliative care and applying them in the acute hospital setting.

Next programme date/s:

- As requested

Parkinson's Disease Management

HSeLanD module ID: 9893

This one day programme is aimed at all healthcare professionals caring for patients, service users with Parkinson's Disease.

Next programme date/s:

- TBC

Perinatal Mental Health Programme

HSeLanD module ID: 12381

A one day programme for healthcare professionals working in acute, maternity, mental health and community settings.

Next programme date/s: TBC



Perioperative Programme

Contact: amelia.sheeran@hse.ie

This two day programme will enhance the knowledge, skills and confidence of the perioperative nurse in delivering safe, efficient and patient-centred care within the dynamic operating theatre environment.

The programme provides an in-depth understanding of the principles of perioperative care, including preoperative, anaesthetic, intraoperative and postoperative phases. The best practices in surgical safety, infection control and aseptic technique will be explored. Critical thinking skills and decision making skills in managing perioperative environments will be strengthened. Fostering teamwork, communication and collaboration amongst healthcare professionals and integrating best evidence based practice and current guidelines into routine perioperative care will be explored.

This comprehensive programme combines lectures, interactive workshops and simulation to equip participants with the tools needed to excel in their perioperative roles and deliver optimal patient outcomes.

Next programme date/s:

- As requested

Person Centred Planning

HSeLanD module ID: 11736

To support the achievement of positive outcomes for persons with a disability in alignment with the National Framework for Person-Centred Planning in Services for Persons with a Disability. Support staff to foster an ongoing commitment to person-centeredness and person-centred planning. Embed and sustain the main elements of good practice in person-centred planning encouraging staff to evaluate and critically reflect on their practice in relation to person centred planning. Discuss practical methods to support effective person-centred planning and identify tools and resources that support good practice.

Next programme date/s:

- 19th March 2025

Positive Behavioural Support

HSeLanD module ID: CNME-SLIGO-23

Target audience includes all staff working in Intellectual Disability Services, Mental Health Services, Older Person's Services & Acute/Community Care Services.

(NMBI Category 1 Approved – 6 CEU's)

Next programme date/s:

- 15th May 2025
- Autumn dates TBC

Preceptorship – Intellectual Disability Services

HSeLanD module ID: 11258

Preceptorship programme is run throughout the year. At the end of the session you as preceptor will be able to complete all elements of the Competency Assessment Document



Process with your student, outline the current directed learning process for practice placement in the intellectual disability services and support a student who is not achieving competency on practice placement including use of learning support plan and action plan process.

Next programme date/s:

- 15th January 2025

Preceptorship – Mental Health Services

HSeLanD module ID: 17313

Preceptorship programme is run throughout the year. At the end of the session you as preceptor will be able to complete all elements of the Competency Assessment Document Process with your student, outline the current directed learning process for practice placement in the intellectual disability services and support a student who is not achieving competency on practice placement including use of learning support plan and action plan process.

Next programme date/s:

- TBC

Preceptorship - General/Maternity/Older Persons/ Community Services

HSeLanD module ID: 11092

Preceptorship programme is run throughout the year. At the end of the session you as preceptor will be able to complete all elements of the Competency Assessment Document Process with your student, outline the current directed learning process for practice placement in the intellectual disability services and support a student who is not achieving competency on practice placement including use of learning support plan and action plan process.

Next programme date/s:

- 26th June 2025
- 25th September 2025
- 30th October 2025
- 27th November 2025

Pregnancy & Infant Loss Bereavement Programme

HSeLanD module ID: 13181

The aim of this one day programme is to equip healthcare professionals with the education & knowledge required to support parents & families through pregnancy & infant loss.

Topics covered on this one day programme include;

Early Pregnancy/Overview of pregnancy loss

Saolta Perinatal Loss pathways

Lactation after loss

Termination of pregnancy

Palliative Care



Fatal fetal abnormality

Role of the social worker

Next programme date/s:

- As requested

PROMPT

This programme is designed to facilitate practitioners to acquire or update their knowledge and skills on the management of Obstetric and Newborn Emergencies.

Next programme date/s:

- Contact maura.mcgettrick@hse.ie

Psychological Safety in the workplace

HSeLanD module ID: 17756

This course explores the concept of psychological safety, emphasising its importance in fostering innovation, collaboration, and overall workplace well-being. Participants will learn the foundational principles of psychological safety, practical strategies to implement it in teams, and ways to measure and sustain its presence in organisational culture.

Next programme date/s:

- 17th January 2025

Research – Fundamentals of (All healthcare professionals)

HSeLanD module ID: 14845

Research that is designed to enhance knowledge and practice has an important influence on the quality, focus and priorities of professional practice and health care (HSE, 2023). The aim of this one day programme is to introduce all healthcare professionals and to provide an overview of the fundamentals of research.

Next programme date/s:

- TBC

Respiratory Programme

HSeLanD module ID: 4099

The aim of this programme is to provide Registered General Nurses and Health Care Professionals with the knowledge and skills required to care for an acutely ill respiratory patient. It will combine evidence based theory and a practical element to support competent nursing assessment and care for the patient.

Next programme date/s:

- 13th February 2025

Respiratory Programme for the Child & Young Person (RCYP Programme)

HSeLanD module ID: Contact amelia.sheeran@hse.ie

A RCYP programme delivered as a blended programme. The one day programme is aimed at all registered nurses who come into contact with children in their clinical practice.



Next programme date/s:

- TBC

Risk Management

HSeLanD module ID: 12739

This programme explores the principles of Risk Management, including risk assessment, identification, analysis, control, evaluation, and learning from errors. It equips healthcare professionals with practical tools to enhance safety and improve decision-making.

Next programme date/s:

- 6th February 2025
- 8th May 2025

Simulation: Acute / Mental Health / Older persons / ID services

Contact CNME Staff

Simulation education is a transformative approach to healthcare learning, providing a safe and controlled environment for healthcare professionals to develop and refine their skills. By replicating real world scenarios, simulation allows learners to practice clinical decision making, teamwork and technical proficiency without risk to patients.

From high fidelity manikins to virtual reality platforms, simulation fosters experiential learning, promotes critical thinking and builds confidence in a rapidly evolving healthcare landscape.

Explore how simulation can revolutionise your teaching and learning journey by contacting any of the CNME tutoring staff.

Social Media Awareness for healthcare professionals

Available on request

The aim of this programme of education is

1. Promote responsible use
2. Protect patient confidentiality
3. Highlight risks and consequences
4. Encourage professionalism
5. Leverage social media positively
6. Provide practical guidance
7. Enhance digital literacy

Next programme date/s:

- Will be offered virtually in 2025

STABLE Programme

Contact: maura.mcgettrick@hse.ie

Provided as requested

Next programme date/s:

- TBC



The aim of this programme is to equip participants with knowledge and understanding around the legal framework surrounding violence and aggression. Participants will explore the causes of challenging behaviour, learn effective de-escalation techniques, including permissible non-violent restraint methods and recognise the importance of debriefing and staff support.

Next programme date/s:

- As requested

Syringe Pump (McKinley T34) Update

HSeLanD module ID: 11184

To provide registered general nurses in the community and residential care settings with the opportunity to gain knowledge of the Mc Kinley T34 syringe pump.

To facilitate insight and understanding surrounding the appropriate use of syringe pumps in persons requiring administration of medication for the control of symptoms via the McKinley syringe pump

Identify the indications for use of a syringe pump

Prepare and commence a syringe pump infusion

Outline the care and maintenance requirements of the syringe pump

Trouble-shoot issues that can arise with the syringe pump

Demonstrate an understanding of the Policy for the Administration of Continuous Sub-Cutaneous Medication using T34 McKinley pump.

Demonstrate awareness of drug combinations, indications for use, compatibilities and interactions.

Understand professional responsibility and accountability issues surrounding use of the syringe pump including documentation requirements in specific care settings.

Next programme date/s:

- TBC

Stress and Resilience for healthcare professionals

HSeLanD module ID: 13183

This 3 hour programme will enable you to:

- Understand the Theory of Stress
- Have a knowledge of the impact of Stress
- Increase Awareness about the Importance of Managing Stress
- Understand Resilience
- Learn Resilience Skills

Next programme date/s:

- TBC



The Role of Occupational health Service in Supporting Managers Across the Services for Nurses & Midwives
HSeLanD module ID: 10396

At the end of this programme the learner will
Demonstrate an understanding of Occupational Health structures
Demonstrate an understanding of the roles and responsibilities of Occupational Staff
Demonstrate an understanding of The Roles and responsibilities of managers in engaging and accessing with Occupational Health
Demonstrate an understanding of the synergy process between Occupational Health and other HSE services and functions.
Demonstrate an understanding of Occupational Health Processes

Next programme date/s:

- TBC

Tissue Viability Link Nurse Programme

HSeLanD module ID: MOD-10980_1

This programme is underpinned by a 2 day foundation programme that all link nurses MUST complete. The foundation programme is run yearly. Once complete Link nurses meet quarterly to engage in relevant CPD and discuss local progress on National Initiatives.

Next programme date/s:

- 3rd March 2025
- Summer 2025 (Date TBC)
- Autumn 2025 (Date TBC)

Tracheotomy Programme

HSeLanD module ID: 11413

The aim of this programme is to enable participants to expand current knowledge to support evidence based holistic nursing care of the adult patient with a tracheostomy and to expand existing nursing care skills and expertise, in line with National policy and local guidelines.

Next programme date/s:

- TBC

Train the Trainer: INEWS V2

Available on request

Equip yourself with the skills and knowledge to become a leader in the Irish National Early Warning System. This comprehensive train the trainer programme is designed to empower healthcare professionals to educate others on recognising and responding to early signs of patient deterioration. Through this interactive, evidence based teaching participants will gain the confidence to deliver impactful training and promote consistency in iNEWS v2 application and drive improvements in patient safety.

Join us in shaping a workforce prepared to deliver timely, life-saving interventions across healthcare settings.

Next programme date/s:

- Available on request



Train the Trainer: IMEWS

Available on request

Equip yourself with the skills and knowledge to become a leader in the Irish Maternity Early Warning System. This comprehensive train the trainer programme is designed to empower healthcare professionals to educate others on recognising and responding to early signs of patient deterioration. Through this interactive, evidence based teaching participants will gain the confidence to deliver impactful training and promote consistency in IMEWS application and drive improvements in patient safety.

Join us in shaping a workforce prepared to deliver timely, life-saving interventions across healthcare settings.

Next programme date/s:

- Available on request

Trauma Informed Care

HSeLanD module ID: 16051

Trauma-Informed Care is an approach that recognizes the widespread impact of trauma and prioritizes creating environments that are safe, supportive, and empowering for individuals. It emphasizes understanding trauma's effects, avoiding re-traumatisation, and fostering resilience.

By embedding the principles of trauma-informed care into our practices as healthcare professionals, we take a vital step toward fostering environments where individuals feel valued, understood, and empowered.

Together, we can turn awareness into action, ensuring that care, in all its forms, truly meets the needs of those it serves.

Next programme date/s:

- 17th January 2025

Uterine Involution

Contact: maura.mcgettrick@hse.ie

This programme aims to provide participants with knowledge and skills to assess uterine involution in the postpartum period. The programme target audience are Registered Public Health Nurses and Midwives.

Participants must have completed the following before attending the classroom

- Maternal Postnatal Care in the Public Health Nursing Service Educational Programme
- Uterine Involution Theory (Online) - A Revision for Public Health Nurses and Midwives

Next programme date/s:

- 13th February 2025

VE workshop

Contact: maura.mcgettrick@hse.ie

Next programme date/s:

- TBC



The aim of this programme is to

- Describe the aetiology and classification of wounds
- Identify factors that affect wound healing
- Describe wound assessment and the importance of consistent documentation
- Discuss the appropriate selection and use of wound care dressings

Next programme date/s:

- TBC

Centre for Nursing & Midwifery Education,
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